



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan

Do everything as if you really saw God before you. This is a sure way to make great progress in virtue.

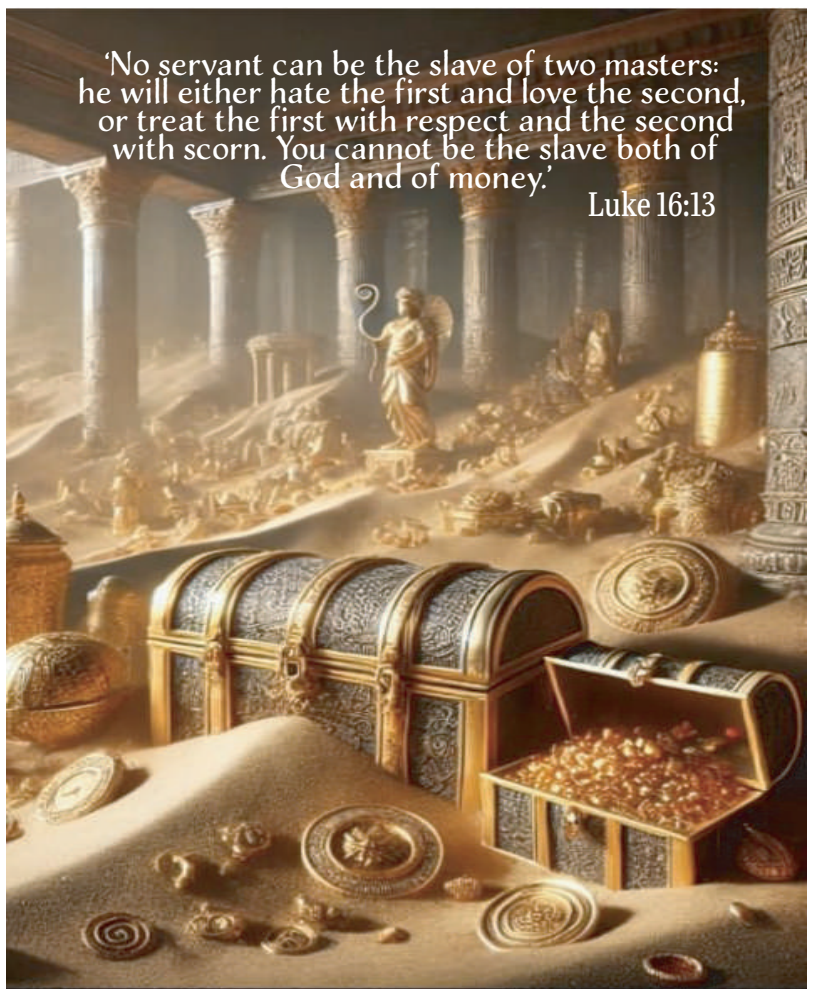
Prayer of Discipleship

Loving Father,
open our hearts to hidden realities:
your love for all people,
your presence in the community,
your call to justice and peace.

May the sacraments stir in us
that same love for all people.

Christ Jesus,
help us to imitate your example;
healing the sick,
welcoming the stranger,
assisting the poor and vulnerable.

May these remind us of your love
and self-giving,
which we strive to imitate.
We ask this,
through Christ, our Lord.
Amen.



'No servant can be the slave of two masters: he will either hate the first and love the second, or treat the first with respect and the second with scorn. You cannot be the slave both of God and of money.'

Luke 16:13

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Parish

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on Instagram
(catholicparishpittwater)

SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE LEO'S PRAYER INTENTION for SEPTEMBER

*For Our Relationship with
all Creations*

Let us pray, inspired by Saint Francis,
we might experience our
interdependence with all creatures
who are loved by God and worthy
of love and respect.

MASS TIMES

Sacred Heart Church

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 8.30 am followed by Mass*

Wednesday 9.30 am

Thursday 7 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 7.30 pm to 9.00 pm*

Friday 9:30 am
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 9:30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am*

WEEKEND MASSES
Saturday Vigil 5.00 pm
Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)

RECONCILIATION
Saturday Vigil
4.00 pm to 4.30 pm

BAPTISM
4th Sunday of the Month
11.30 am

Maria Regina Church

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8.00 am

Wednesday 8.00 am

Thursday 10 am
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

Friday 8.00 am
First Friday of the month, *Healing Mass/ Anointing of the Sick at 8.00 am*

WEEKEND MASSES
Saturday Vigil 6.00 pm
Sunday 9.00 am

RECONCILIATION
Before Vigil Mass on Saturday

BAPTISM
3rd Sunday of the Month
11.00 am

WE PRAY for

Recently Deceased
Tony Phillip Giunta
Jagoda Olivari
Susana Kaufelis
Lucia Duenk

Deceased Anniversary
Joe Romeo
Bozidar Sljokic
Nikodem Sinkic
Carmela Macri

Prayer for the Sick

Anna Smigowska
Lily Janosik
Sue French
Maureen Larios
Elaine Boyes
Pauline Chipman
Ron Clarke
Barbara Clarke
Anna Katanec
Mother Pauline
Angela Miller
Philip Khalifeh
Joseph Khalifeh
Therese Keane
Bruce Farr
Heidi Taylor
James
Jacinta Purnell - Major
Garry Gleeson
Nenita Roque
Marie Celine Roque- Maca
Neda Crvelin
Jesse Cathersides
Noel Reilly
Mary Reilly

BOOK REVIEW

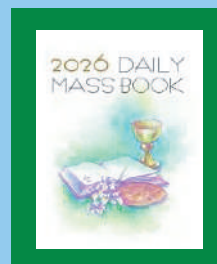
Love Has No Limits
by: Tania Hayesof



This book shows just how amazing the strength of the human spirit can be.

PLEASE ORDER NOW

\$33



If you would like to order the

2026 Daily Mass Book,
please contact the
Parish Office on
9157 0999

Liturgy for the Week

22/09 Monday, Ordinary Time 25
Ezra 1:1-6; Lk 8:16-18

23/09 Tuesday, St Pius of Pietrelcina
Ezra 6-8, 12, 14-20; Lk 8:19-21

24/09 Wednesday, Ordinary Time 25
Ezra 9:5-9; Lk 9:1-6

25/09 Thursday, Ordinary Time 25
Haggai 1:1-8; Lk 9:7-9

26/09 Friday, Ordinary Time 25
Haggai 1:15 - 2:9; Lk 9:18-22

27/09 Saturday, St Vincent de Paul
Zech 2:5-9, 14-15; Lk 9:43-45



THE CATHOLIC PARISH OF PITTWATER GIVING

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(Parish Giving)

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All PWBB donations over \$2 are 100% tax deductible

Pastoral Works Broken Bay is the charitable outreach of our Catholic community, supporting the pastoral priorities of the Diocese. It plays a vital role in funding life changing ministries, strengthening families and nurturing parish communities across Broken Bay.

Has Your Credit Card Expired?
If you support the Parish through credit card giving, please let us know if your card details have changed or expired.

Direct Debit
You may also choose to support the Parish through direct debit. This can be set up easily and securely by contacting the Parish Office, who will arrange it for you.



We are pleased to offer copies of the Catechism of the Catholic Church

For those who would like to deepen their understanding of our faith.

Please **ORDER** your copy at the Parish Office for **\$20**
If you are interested in buying a copy, please stop by the office during regular hours or contact us on 9517 0999

May God bless you as you continue to grow in faith and knowledge.



Public Rosary

As October quickly approaches, we warmly invite everyone to join us in praying the Public Rosary. Let us come together in faith and unity during this special month dedicated to our Lady.

The NATIONWIDE ROSARY CHAIN on
SATURDAY, 11TH OF OCTOBER

9:30 am Mass followed by the
ROSARY PRAYER at 10 am,
**SACRED HEART CHURCH,
MONA VALE**

Let's pray through the intercession of Our Lady of Fatima.

THE FIRST SATURDAY DEVOTION TO THE IMMACULATE HEART OF THE BLESSED VIRGIN MARY



ROSARY @ 9:00 am (Optional)
MASS @ 9:30 am

*After Mass there will be Adoration & meditation on the
Luminous Mysteries followed by
Benediction of the Blessed Sacrament*

* Priest is available for Reconciliation before Mass

Parish Directory

Pittwater Parish

**1 Keenan Street,
Mona Vale
NSW 2103
Tel 9157 0999**

Parish Priest
Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest
Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary
Belinda Cimino
Tel 9157 0999 ext 30
office@pittwaterparish.org

Administrative Assistant
Shereae Knight
Tel 9157 0999 ext 30
office@pittwaterparish.org

**Media & Communications
Coordinator**
Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacramental Coordinator
Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

**CCD Catechist
Coordinators**
Maureen Wooldridge
Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Sacred Heart Church
1 Keenan Street, Mona Vale
Maria Regina Church
7 Central Road, Avalon

SCHOOLS

Sacred Heart School
Mona vale
Tel 8197 6900
Principal: Ms Louise O'Brien

Maria Regina School
Avalon
Tel 7256 2138
Principal: Ms Kirsty Thorpe

Mater Maria Catholic College
Warriewood
Tel 7256 2100
Principal: Mr Anthony Mahoney



Parish Bulletin – Term 3, Week 9

It's been a vibrant and eventful week at Mater Maria Catholic College as we near the end of Term 3.

We invite you to join us in praying for our Year 11 students as they complete their Preliminary Examinations this week and next. They are excited to begin their HSC studies in Term 4. We also ask for continued prayers for our Year 12 students, who are enjoying their final days of school and preparing for their HSC Examinations.

Preparations are underway for several significant Year 12 events, including the Graduation Mass, Graduation Morning Tea, Graduation and Awards Assembly, and the Valedictory Dinner. Our students are deeply grateful for the community they have found at Mater Maria and are eagerly anticipating these special celebrations next week.

This week, Mater Maria hosted a Jarjum Initiative, focused on supporting Indigenous children. We welcomed visitors from across the CSBB diocese and engaged in meaningful experiences exploring Aboriginal spirituality and its connection to our Catholic faith. It was a rich and inspiring time for all involved.

Faith Fridays continue to be a cherished part of our week, offering students a peaceful space for reflection and connection in the Chapel through our youth group gatherings.

Sport has been in full swing, with students participating in the NSWCCC Athletics Carnival, NSW All Schools Touch Football State Finals, Peninsula Cup Rugby (U14s and U16s), and soccer competitions across Years 7 to 9 and the Opens. The weekly MWBA Basketball Competition also continues to energise our students. Their enthusiasm and team spirit are a true reflection of the vibrant culture at Mater Maria.

Finally, a reminder that applications are now open for Year 7 in 2028 and 2029. Waitlists are currently in place for Year 7, 2026 and 2027. Applications for Year 7, 2028 will close at the end of Term 1, 2026. For more details, visit matermaria.nsw.edu.au/enrolments.



1800 324 924
www.catholiccaredbb.org.au



Day of Reflection in the Divine Will with Fr Eugene Szondi

9:30 AM Mass, Rosary

10:30 – 11:00 AM Morning tea

11:00 – 12:30 PM Talk and Q&A

12:30–1:30 PM Lunch

1:30 – 2:00 Prayer and Divine Mercy Chaplet/Reconciliation

2:00 – 2:40 PM How to put the Divine Will into practice

2:40 PM Afternoon tea

End of Retreat



Monday 29th
September 2025



9am to 3 pm

Sacred Heart Church,
1 Keenan Street,
Mona Vale
NSW 2103



Fulfilling the Sunday Obligation

We want to take a moment to gently remind everyone of something at the heart of our faith: our Sunday Mass obligation. As Catholics, we're called to gather each Sunday to worship God, receive the Eucharist, and be part of our parish community. This isn't just a tradition, it's a central part of living our faith.

This is a strong message, but it comes from the Church's love for us and desire that we stay connected to Christ. Mass isn't just an obligation — it's a gift. It's where we receive Jesus in the Eucharist, are strengthened by His Word, and find encouragement and peace in community.

Let's keep putting God first in our week, and in our hearts.

Catechism of the Catholic Church, Sunday Obligation, 2180 and 2181

PARISH MORNING TEA GATHERING

Everyone is welcome to join

Every month after the 8 am Mass on the
1st Sunday and after the 10 am Mass on
the 3rd Sunday at
**SACRED HEART CHURCH,
MONA VALE**

2nd and 4th Sundays after the
9 am Mass at the front of
**MARIA REGINA CHURCH,
AVALON**



WORLD DAY OF MIGRANTS AND REFUGEES (INTERNATIONAL NIGHT)

SATURDAY, 27TH SEPTEMBER

AFTER THE 5 PM MASS

SACRED HEART CHURCH

Everyone is invited to join us in celebrating the Diversity of our Parish Family.

Come and be nourished spiritually then proceed to the

SACRED HEART CHURCH

PARISH CENTRE

to come together by sharing our different Cultures through
FOOD and great company.

Please RSVP by Friday, 26 September

**Attendance list is provided at the back
of both Churches.**

**Please Bring and Share your culture's Cuisine
for everyone to try.**

Please specify your DISH if it's SAVOURY or SWEET.



BLESSING OF THE ANIMALS

SATURDAY, 4TH OCTOBER

at the Sacred Heart Church Courtyard

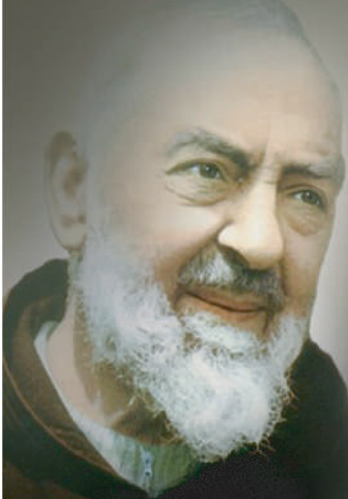
AT 3.30 PM

Bring your pets to be blessed as we welcome
the Feast Day of St Francis of Assisi,
Patron Saints of Animals.

"Blessed are you, Lord God, maker of all living creatures.

*You called forth fish in the sea, birds in the air and
animals on the land. - St Francis of Assisi*

Memorial of ST. PADRE PIO



*"The Lord sometimes
makes you feel the
weight of the cross.
Although the weight
seems intolerable,
you are able to carry it,
because the Lord,
in his love and mercy,
extends a hand to you
and gives you strength."*

23rd of September

CONGRATULATIONS TO THE NEW SALVATORIAN REGIONAL COUNCIL ELECTED DURING THE XII REGIONAL CHAPTER - PERTH, 8-12 SEPTEMBER 2025



With joy and gratitude to God, we extend our heartfelt
congratulations to the newly elected Regional Council of the

Salvatorians in Australia:

Regional Superior - Fr Greg Skulski SDS

Vice Superior - Fr Richard Sadowski SDS

Treasurer - Fr Paul Szczur SDS

Secretary - Fr Zygmunt Włoczek SDS

Consultor - Fr Bronek Pietrusiewicz SDS

The Regional Chapter Election, was a time of reflection,
discernment and renewal for our Salvatorian community.

The Chapter concluded with a solemn Eucharistic celebration,
during which Fr Greg Skulski SDS made his profession of faith and
officially began his new term of service as Regional Superior,
together with the other members of the council.

In his concluding homily, Fr Greg offered a powerful reminder of
our shared mission. He closed with this inspiring words:

**"Go and live the Gospel. Go and be Salvatorians filled with
zeal, just as our Founder desired.."**

May these words echo in the hearts of all of us as we continue our
journey together, faithful to the charism of Blessed Francis Jordan,
and committed to proclaiming the Saviour by all ways and means
that the love of Christ inspires.

With prayerful support and fraternal unity,

Ad multos annos!

The *Living* Word

Entrance Antiphon

I am the salvation of the people, says the Lord. Should they cry to me in any distress, I will hear them, and I will be their Lord for ever.

First Reading Amos 8:4-7

A reading from the prophet Amos

The Lord God spoke against those who buy the poor for money.

Listen to this, you who trample on the needy and try to suppress the poor people of the country, you who say, 'When will New Moon be over so that we can sell our corn, and sabbath, so that we can market our wheat? Then by lowering the bushel, raising the shekel, by swindling and tampering with the scales, we can buy up the poor for money, and the needy for a pair of sandals, and get a price even for the sweepings of the wheat.' The Lord swears it by the pride of Jacob, 'Never will I forget a single thing you have done.'

The word of the Lord

Responsorial Psalm

Ps 112:1-2, 4-8. R. see vv.1, 7

(R.) Praise the Lord who lifts up the poor.

Praise, O servants of the Lord, praise the name of the Lord! May the name of the Lord be blessed both now and for evermore! **(R.)**

High above all nations is the Lord, above the heavens his glory. Who is like the Lord, our God, who has risen on high to his throne yet stoops from the heights to look down, to look down upon heaven and earth? **(R.)**

From the dust he lifts up the lowly, from the dunghill he raises the poor to set him in the company of princes, yes, with the princes of his people. **(R.)**

Second Reading 1 Timothy 2:1-8

A reading from the first letter of St Paul to Timothy

Let prayers be offered to God for everyone; he wants all people to be saved.

My advice is that, first of all, there should be prayers offered for everyone – petitions, intercessions and thanksgiving – and especially for kings and others in authority, so that we may be able to live religious and reverent lives in peace and quiet. To do this is right, and will please God our saviour: he wants everyone to be saved and reach full knowledge of the truth. For there is only one God, and there is only one mediator between God and mankind, himself a man, Christ Jesus, who sacrificed himself as a ransom for them all. He is the evidence of this, sent at the appointed time, and I

have been named a herald and apostle of it and – I am telling the truth and no lie – a teacher of the faith and the truth to the pagans.

In every place, then, I want the men to lift their hands up reverently in prayer, with no anger or argument.

The word of the Lord.

Gospel Acclamation 2 Corinthians 8:9

Alleluia, alleluia!

Jesus Christ was rich but he became poor, to make you rich out of his poverty.

Alleluia!

Gospel Luke 16:1-13

A reading from the holy Gospel according to Luke

You cannot be slaves both of God and of money.

Jesus said to his disciples: 'There was a rich man and he had a steward who was denounced to him for being wasteful with his property. He called for the man and said, "What is this I hear about you? Draw me up an account of your stewardship because you are not to be my steward any longer." Then the steward said to himself, "Now that my master is taking the stewardship from me, what am I to do? Dig? I am not strong enough. Go begging? I should be too ashamed. Ah, I know what I will do to make sure that when I am dismissed from office there will be some to welcome me into their homes." Then he called his master's debtors one by one. To the first he said, "How much do you owe my master?" "One hundred measures of oil," was the reply. The steward said, "Here, take your bond; sit down straight away and write fifty." To another he said, "And you, sir, how much do you owe?" "One hundred measures of wheat," was the reply. The steward said, "Here, take your bond and write eighty." The master praised the dishonest steward for his astuteness. For the children of this world are more astute in dealing with their own kind than are the children of light.

'And so I tell you this: use money, tainted as it is, to win you friends, and thus make sure that when it fails you, they will welcome you into the tents of eternity. The man who can be trusted in little things can be trusted in great; the man who is dishonest in little things will be dishonest in great. If then you cannot be trusted with money, that tainted thing, who will trust you with genuine riches? And if you cannot be trusted with what is not yours, who will give you what is your very own?

'No servant can be the slave of two masters: he will either hate the first and love the second, or treat the first with respect and the second with scorn. You

cannot be the slave both of God and of money.'

The word of the Lord.

Communion Antiphon Psalm 118:4-5

You have laid down your precepts to be carefully kept; may my ways be firm in keeping your statutes.

REFLECTION

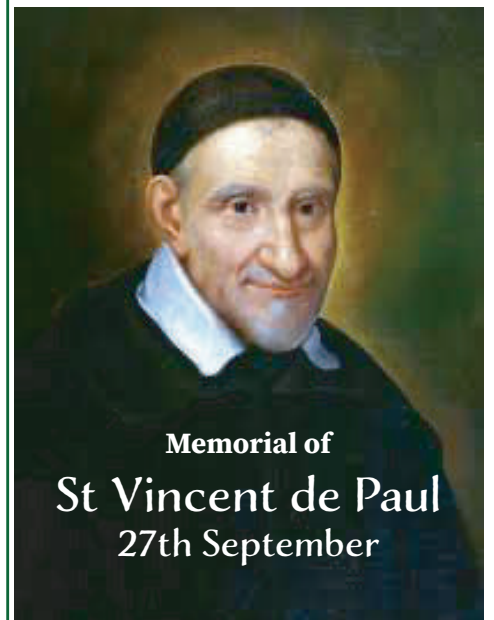
by Dianne Bergant

We are creatures of this world. We are made of it and we are totally dependent upon it for our very existence. We require its air, its water, its food, its heat. We need it for covering and for shelter; we need it to stimulate our minds and our spirits. Therefore, our use of its phenomenal resources cannot in itself be immoral. What is questionable is the character of our use.

There are many circumstances that contribute to the complexity of these matters. The merchant in the passage from Amos is not faulted because he was prosperous. Nor is the steward in the gospel criticised for putting resources aside for future use. But how much does a person need when there are others who are really needy?

We live our lives on the horns of a dilemma. We have the right to use and to enjoy the marvels of our world, but we cannot do this free of responsibility to each other and to the world itself. We are not called to disown the world. It is impossible for us to do that, because of our total dependence upon it. But we are called to live in it gently, using what we need and sharing what we can. We must make decisions as trustworthy stewards of the household of God, not like the man in the gospel who was only concerned with his own well being. We must serve God, not mammon.

© Dianne Bergant CSA



Memorial of
St Vincent de Paul
27th September

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**ONE WHO IS
FAITHFUL**
IN A VERY LITTLE IS ALSO FAITHFUL IN MUCH,
**AND ONE WHO IS
DISHONEST**
IN A VERY LITTLE IS ALSO DISHONEST IN MUCH.

LUKE 16:10

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**JESUS ALSO SAID TO HIS
DISCIPLES, "THERE WAS A RICH
MAN WHOSE MANAGER WAS
ACCUSED OF WASTING HIS
POSSESSIONS."
- LUKE 16:1**

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OF MONEY IS
A ROOT OF ALL
KINDS OF EVIL.
SOME PEOPLE,
EAGER FOR MONEY,
HAVE WANDERED
FROM THE FAITH
AND PIERCED THEMSELVES
WITH MANY GRIEFS.
-1 TIMOTHY 6:10